

Nutritional Information for Less Salt! Less Oil! Real Theater Popcorn

Serving Size 30g (4 Tbsp)

Servings Per Container 5

Calories 127 Calories from Fat 61

	% Daily Value
Total Fat 6g	9%
Saturated Fat 5.6g	28%
Cholesterol 0mg	0%
Sodium 317mg	13%
Total Carbohydrate 16g	6%
Dietary Fiber 4g	16%
Sugars 1g	
Protein 2 g	

Calories per gram

Fat 9 Carbohydrate 4 Protein 4

INGREDIENTS:

Popcorn, coconut oil, salt, beta carotene, natural & artificial butter flavor